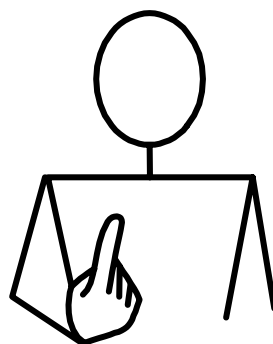
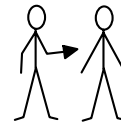
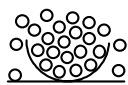


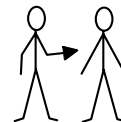
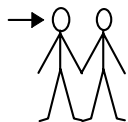
Presenting



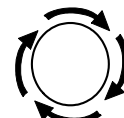
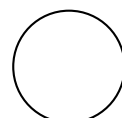
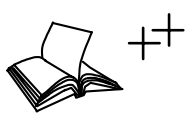
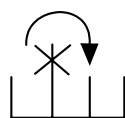
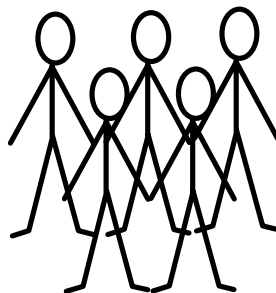
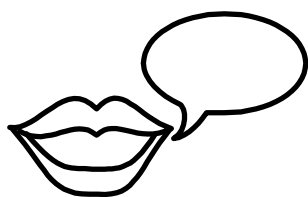
Myself



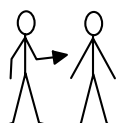
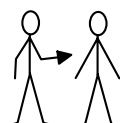
There are lots of people who are interested in you



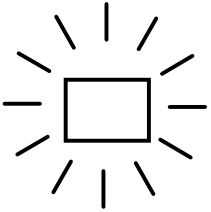
They might want to talk to you



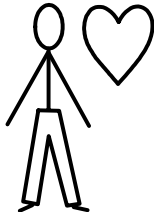
On the following pages draw a circle around those



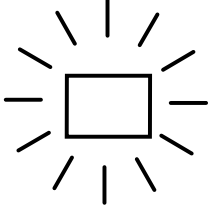
people you think you might have to talk to



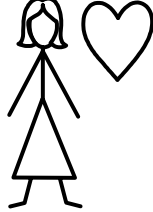
New



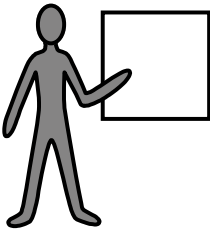
Boyfriend



New



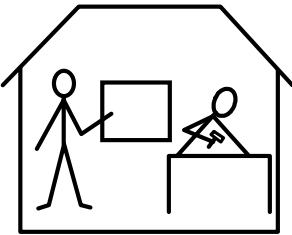
Girlfriend



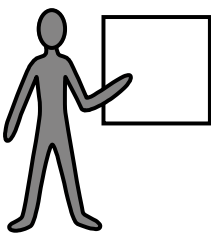
Teacher



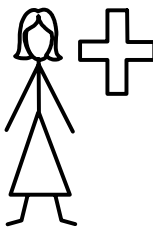
Personal Adviser



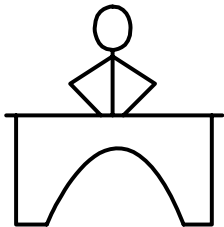
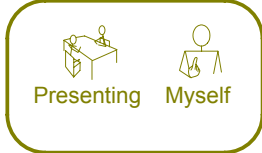
College



Tutor



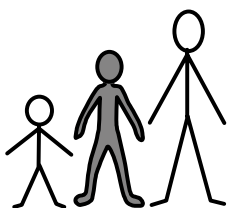
Nurse



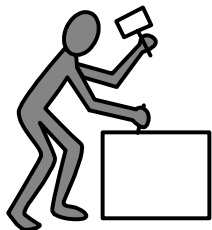
Employer



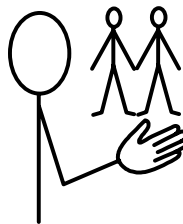
Doctor



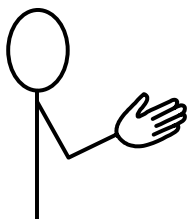
Youth



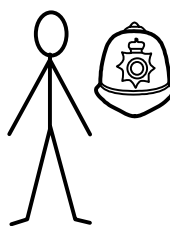
Worker



Social Worker


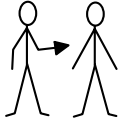


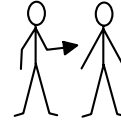



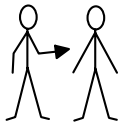
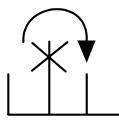

Carer



Policeman

  
Talking about yourself

    
When might you have to talk about yourself?

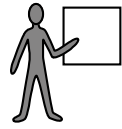
   
Tick any that refer to you on the following pages



Talking

with

your

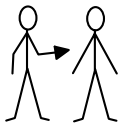


teacher

about



how



you

are

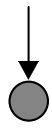


doing

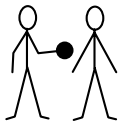
at



school



At



your



Annual Review

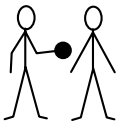


Meeting



Talking

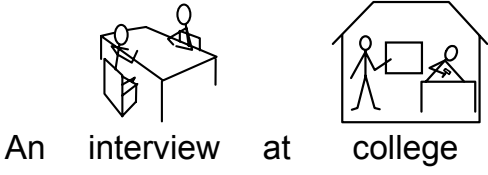
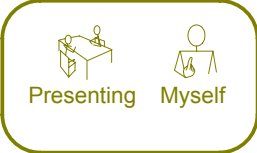
to



your

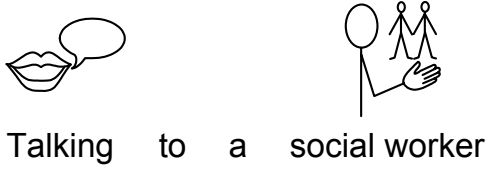


Personal Adviser



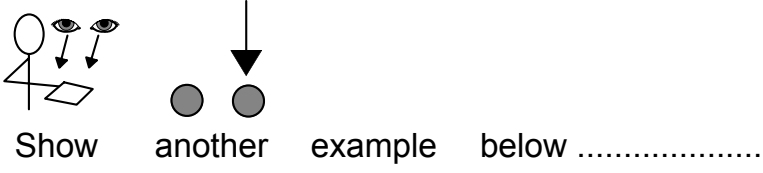
An interview at

college



Talking to a

social worker


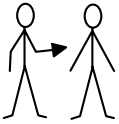





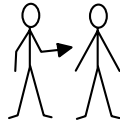


Show another example below

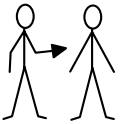







Writing about yourself

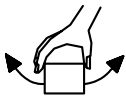


Sometimes you will need to write about yourself



You might

Write by hand

Use the computer

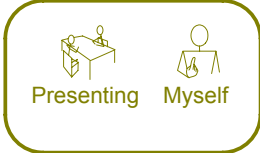








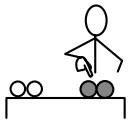
Ask someone to write down your ideas



Tick

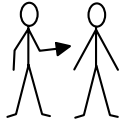
any

of



these

that



you

have



done

already

.....



Personal



statement

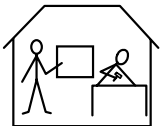
for



Annual Review



Meeting



College



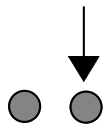
application form



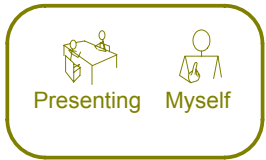
C.V



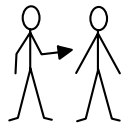
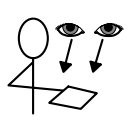
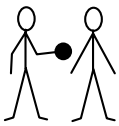



Any



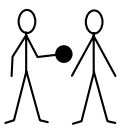


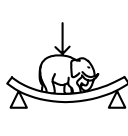


other?



    
How can your Progress File help you?

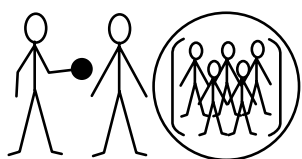
     
You can show evidence of your achievements at home and

     
school and your strengths and weaknesses through.....


Certificates

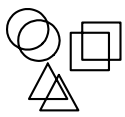

Photos


Awards

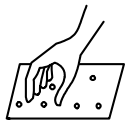

Teams you belong to


Clubs that you belong to

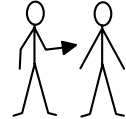
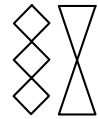
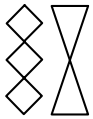
It is easier to talk about yourself if you have things to remind you of what you want to say



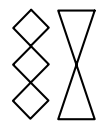
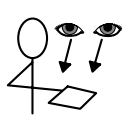
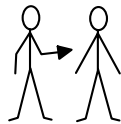
+



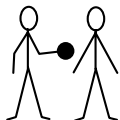
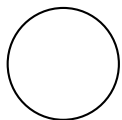
Sorting, Sifting and Selecting



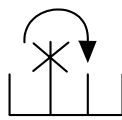
Different people need to know different things about you



What would you show to different people?



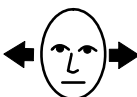
$$\frac{2}{5} + 3$$



Circle your answer on the following pages



Yes



No

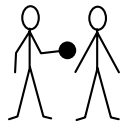


Maybe

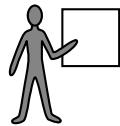


Talk

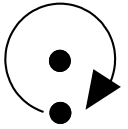
with



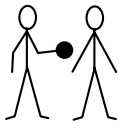
your



teacher



about



your



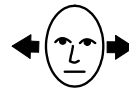
school



work



yes



no



maybe



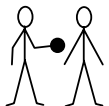
Describe

the



colour

of



your



hair

in

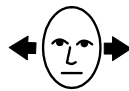
a



C.V



yes



no

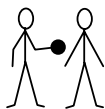


maybe

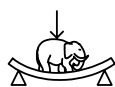


Write

down



your

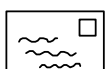


weaknesses



in

a



letter

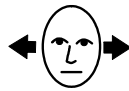
of



application



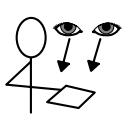
yes



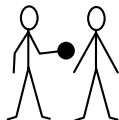
no



maybe

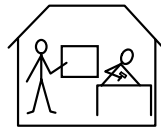


Show some of your recent

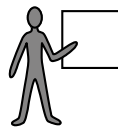


work

to a



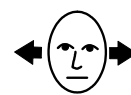
college



tutor



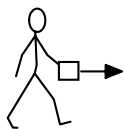
yes



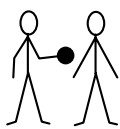
no



maybe



Take

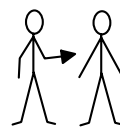


your

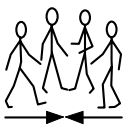


Progress file,

when

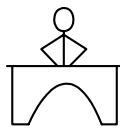


you



meet

the



employer

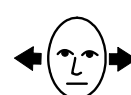
on



work experience



yes



no

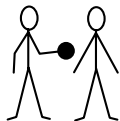


maybe



Talk

to

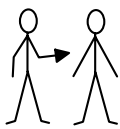


your

Personal Adviser



about what



you



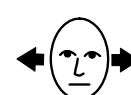
like



doing



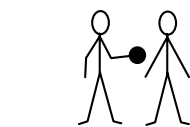
yes



no



maybe



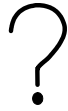
in

your

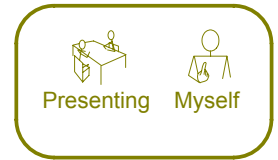
spare



time



Personal Statement - Why should I write one?



So that you can tell people about yourself quickly



It should tell people about.....



Your skills



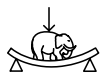
Personal Qualities



Your experiences



Your achievements at school



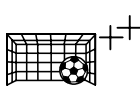
Your strengths and weaknesses



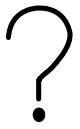
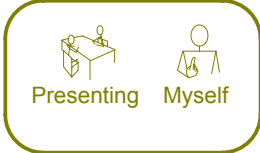
Your achievements in your personal life



Your likes and dislikes



Your goals and ambitions

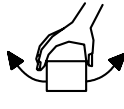


How

can



I



use



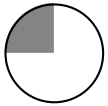
my



Personal



Statement



As

part of

a



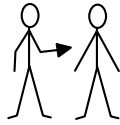
C.V



When



introducing



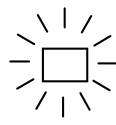
yourself



to



someone



new

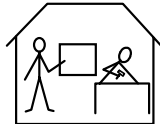


When

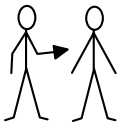


applying

to a



college



If

you

are

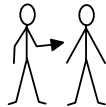


applying

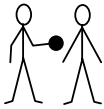
for a



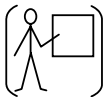
job



Make some notes to help you



write your Personal Statement



Education



I am good at.....



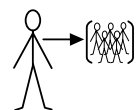
The things I find hardest are.....



I have made good progress in.....



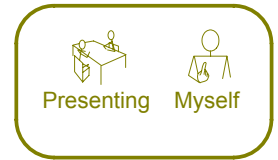
I like learning by.....




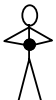


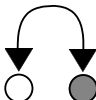

I belong to (clubs or teams)







Personal / Social

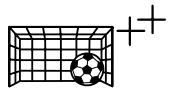


In  my spare  time  at  home  I  like to.....

 My  best  qualities  or  skills are.....

 I  help  at  home by.....

 I  work at.....



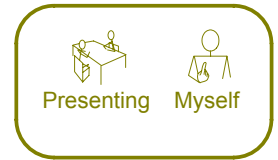
Goals



and



Ambitions



I

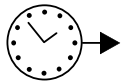


want

to



learn



In the

future



I

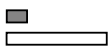
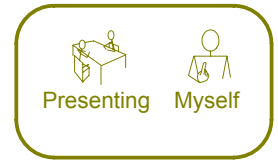


want

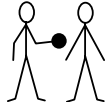
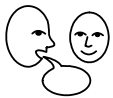
to



Writing a C.V

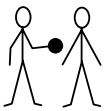


C.V is short for Curriculum Vitae

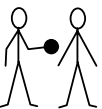


It tells people about your life so far

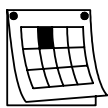
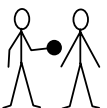
What should be in a C.V



Your name



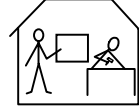
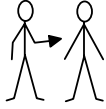
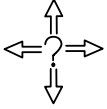
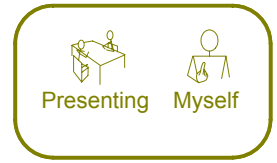
Your address



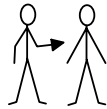
Your date of birth



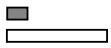
Writing a C.V



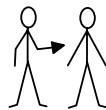
Where you have been to school or college



Any qualifications you have received



A short personal statement



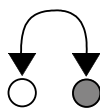
Any experience of work that you have had



+




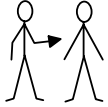


1






2

Name and address of one or two referees.

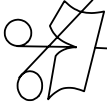




(People who could write good things about you)

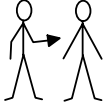

Presenting Yourself = What should I wear?


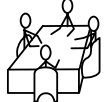
 Look in a clothes catalogue or magazine.

 Cut out and stick below pictures of clothes that






 you could wear to.....


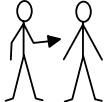






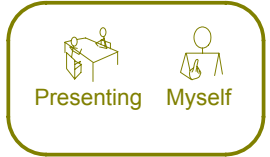
 An important meeting



  = 
Presenting Yourself = Clothes


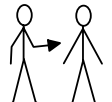



    
Cut out and stick photos of clothes

    
What would you wear to do the gardening?








  = 
Presenting Yourself = Clothes


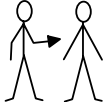

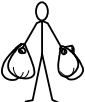
    
Cut out and stick photos of clothes

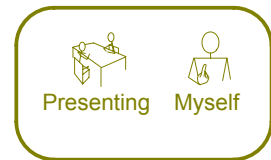
    
What would you wear to go to a football match?



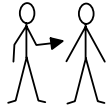
  = 
Presenting Yourself = Clothes

    
Cut out and stick photos of clothes

   
What would you wear to go shopping?



Presenting

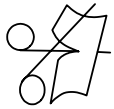


Yourself

=



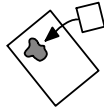
Clothes



Cut out



and



stick



photos

of

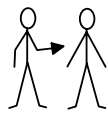


clothes



What

would



you



wear

to

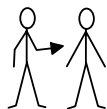
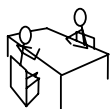


go out

for a



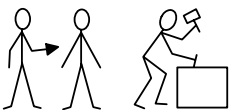
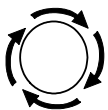
meal?



Presenting Yourself = Getting Ready



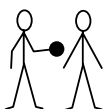
What do you need to do to get ready for an important meeting?



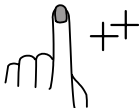
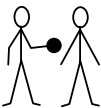
Circle around those that you do



Have a shower



Wash your hair



Make sure your nails are clean



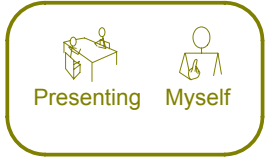
Put on deodorant


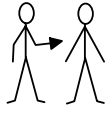



Shave

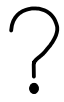
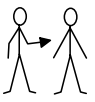



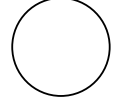
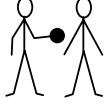
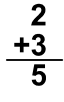
Put on make-up




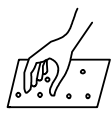

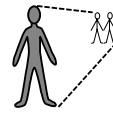





Presenting Yourself = Getting Ready








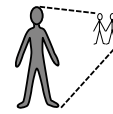

 What can you do for yourself? Circle your answer

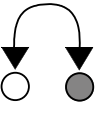
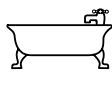
 I can choose the right On my own With help



 sort of clothes

 I can have a shower On my own With help

 or bath








 I can wash my hair On my own With help

